

Pentrepoeth Primary School

Monday 9th March 2026

Newsletter



‘creating a **C**aring, **R**espectful,
Open **E**nvironment
where **S**uccess and
Opportunity flourish’

This Week's Information

Dear families,

Please find information for this week and this half term

Nut Free School – A reminder that we are a 'Nut Free School' as we have a number of pupils with severe nut allergies. Please can all families ensure no products containing or possibly containing nuts are brought into school.

Easter Raffle – Next week (Week commencing 16th March) Year 6 will be selling raffle tickets to pupils to win Easter hampers and prizes. Year 6 pupils will visit all classes to see if any pupils want to buy tickets. Tickets will be £1 per strip. All money raised will go towards the Year 6 Leavers' Hoodies and party.

Year 6 Residential Trip – A reminder that Year 6 will be attending their residential trip to Urdd Llangrannog from **Wednesday 11th March to Friday 13th March**. Please find final information regarding the trip by clicking [here](#)

Year 6 Workshops – The CAMHS Mental Health In-Reach to Schools team will be visiting Year 6 to complete some workshops with pupils. They will be delivering 'Understanding Your Emotions' Workshop on **Monday 16th March**. More information on this workshop can be found by clicking [here](#) They will then be delivering the 'Year 6 Transitions' workshop on **Monday 23rd March**. More information on this workshop can be found by clicking [here](#)

Year 2 Trip – Year 2 will be visiting Plantastia Tropical Zoo in Swansea on **Thursday 19th March**. More information, payment information and consent will be available on ParentPay by the end of the week.

Red Nose Day 2026 – Comic Relief will be celebrated in school on **Friday 20th March**. Our theme this year is '**Wear something funny to raise money**' Children are invited to come to school in anything that makes us smile — funny outfits, silly accessories, crazy hairstyles, or anything playful and fun. We can't wait to see their creativity! Donations will be online only through a ParentPay Link. We will let families know when this link is available.

This Week's Information

Year 4 Values Assembly and PACT – Year 4 families are welcome to join us on **Tuesday 24th March** at 9:15am for their values assembly on Responsibility. This will be followed by a short PACT activity.

Down Syndrome Awareness Day - We will be holding our Down Syndrome Awareness Day on **Monday 23rd March**. Pupils are invited to wear yellow and blue to school, and we will be raising awareness through special assemblies and class-based activities.

Cerebral Palsy Awareness Day - We will be marking our Cerebral Palsy Awareness Day on **Wednesday 25th March**. Pupils are welcome to wear green to school, and again we will be raising awareness through special assemblies and class-based activities.

PTA Break the Rules Day – Our PTA will be running their 'Break the Rules' day on Friday 27th March. Further details about this event can be found on the PTA pages of the newsletter.

After School Clubs – A reminder that there will be no after school clubs the last week of this half term – week commencing **Monday 23rd March**. Summer term clubs will start on week 2 of Summer Term

Easter Holidays – Our last day of Spring Term is on **Friday 27th March**. School will then be closed for 2 weeks and will reopen on **Monday 13th April** for our Summer Term.

Kind regards,

Dean Taylor
Headteacher

Wellbeing



You will find on our website a new Wellbeing tab with links to different Padlets. These Padlets have links to lots of very useful websites, services, referrals and resources in and around Newport that support with all elements of emotional and mental wellbeing.

Parental Wellbeing Padlet can be found by clicking [here](#)

Pupil Wellbeing Padlet can be found by clicking [here](#)

Information on SPACE Wellbeing referrals can be found by clicking [here](#)

EVERYONE IS WELCOME IN OUR SCHOOL.
No one is the same, but everyone is equal.



THE SCREEN CYCLE AND THE CHILD'S BRAIN: WHY EVERYDAY LIFE FEELS HARDER AFTER SCREEN USE

www.SocialWorkersToolbox.com



CHILDREN LEARN TO CALM DOWN BY BEING CALMED

REGULATION STARTS WITH US

www.SocialWorkersToolbox.com

Children are not born knowing how to manage big feelings. Their brains are still developing. When a child is overwhelmed, they cannot simply "calm down". They first need a calm adult who stays close, steady, and supportive. Before children can regulate themselves, they need many experiences of being regulated with a safe adult.

WHAT CO-REGULATION LOOKS LIKE

Co-regulation is how adults help children settle in everyday moments. This might include staying close when a child is upset; speaking slowly and calmly; helping the child name the feeling; offering comfort or reassurance; slowing the situation down; helping the child pause, breathe, or take a break. Your calm helps the child's body settle.

YOUNG CHILDREN REGULATE THROUGH RELATIONSHIPS

Early emotional regulation is not something children do alone. Young children rely on adults for calm facial expressions, a gentle tone of voice, predictable responses, reassurance, and comfort. When adults stay emotionally available, children feel safer and their nervous system can settle.

UNDERSTANDING FEELINGS HELPS CHILDREN MANAGE THEM

Children cannot control feelings they do not understand. Adults help by putting feelings into words such as: "You are really frustrated."; "That felt scary."; "You are upset because it stopped." This helps children connect body sensations, emotions, and coping strategies. Over time, feelings become less overwhelming.

SELF-REGULATION DEVELOPS SLOWLY

Self-regulation grows from thousands of small moments of co-regulation. Over time children begin to use the adult's words in their own mind, pause before reacting, and try calming strategies themselves. This is how children gradually learn to calm themselves.

SAFETY CHANGES BEHAVIOUR

Children learn best when they feel safe, understood, and supported. Pressure, punishment, or fear may stop behaviour for a moment, but they do not teach emotional regulation. Real emotional regulation develops through safety, connection, and guidance.

EVERYONE IS WELCOME IN OUR SCHOOL.
No one is the same, but everyone is equal.





HELPING HANDS OUTREACH VIRTUAL WORKSHOPS: APRIL 26-JULY 26

We run monthly workshops on a range of topics including: Exploring Behaviours That Can Challenge, Emotional Regulation, and Supporting with Transitions.

These group workshops are open to any parents/carers of children with additional needs, including families and professionals linked with Serennu, Nevill Hall and Caerphilly Children's Centre.

The workshops will take place online via a video-call.



**MONDAY 27TH
APRIL
10AM-12NOON**

SUPPORTING CHILDREN WITH TRANSITIONS AND SEPARATIONS

We will share ideas about how to support children and young people with transitions and separations.

Book by Midday on Wednesday 22nd April

**MONDAY 11TH
MAY
10AM-12NOON**

EMOTIONAL REGULATION

We will share information about emotional regulation skills and how to support children with developing these skills.

Book by Midday on Wednesday 6th May

**MONDAY 13TH
JULY
10AM-12NOON**

EXPLORING BEHAVIOURS THAT CAN CHALLENGE

We will be sharing ideas behind behaviour support and help you to understand and respond to behaviours that can often challenge.

Book by Midday on Wednesday 8th July



BOOK A SPACE OR SUBSCRIBE TO OUR MAILING LIST

To book a space on one of these workshops, or subscribe to our workshop mailing list for updates on all our future workshops, you can:

- Scan the QR code
- Click on the QR code
- Follow this link <https://forms.office.com/e/DfqfWSd0kK>

These workshops need to be booked using separate QR codes.

**MONDAY 1ST
JUNE
10AM-12 NOON**



PREPARING FOR AND SUPPORTING THROUGH PUBERTY



During this workshop we will share ideas and resources related to the following topics:

- *Puberty in the context of children with additional developmental needs*
- *Body Parts & Preparing for Body Changes*
- *Privacy & Consent*
- *Puberty*
- *Masturbation*
- *What this means for you as Parents/Carers*

To book onto this workshop, please scan or click on the QR code or follow this link: <https://forms.office.com/e/kzDF8cejbb>

You can now access recordings of some of our workshops, including Exploring Behaviours That Can Challenge, Introduction to Sleep, and Supporting Anxiety in Children.

To access them, either follow the link or scan the QR codes below.



EXPLORING BEHAVIOURS THAT CAN CHALLENGE

We share ideas behind behaviour support and help you to understand and respond to behaviours that can often challenge.

<https://youtu.be/KXfMgk-sL4k>

SUPPORTING ANXIETY IN CHILDREN

We share ideas about how to support children and young people with anxiety and worry.

<https://youtu.be/nH-YXw4ZWYE>



INTRODUCTION TO SLEEP

We share ideas about how to manage common sleep difficulties in children and young people.

<https://youtu.be/YoM9LKSrZ8>

Years 3 to 6

Extra Curricular Clubs

Second half term

After school clubs will run on the following weeks

W/C 23.02.26 W/C 02.03.26 W/C 09.03.26 W/C 16.03.26

There are no clubs running on the W/C 23.03.26 (Last week of term)

Day	Club	Year Groups	Time	Teacher
Monday	Choir	Years 3 to 6	3.30pm – 4.30pm	Gwent Music & Mrs Jones
Monday	Sketch	Year 4	3.30pm – 4.30pm	Mrs Rose/Mrs Clissold
Monday	Football	Year 3	3.30pm – 4.30pm	Mr Hall
Wednesday	Rugby	Years 5 & 6	3.30pm – 4.30pm	Mr Merriman
Thursday	Football	Year 5	3.30pm – 4.30pm	Mr Woodham
Thursday	Netball	Years 5 & 6	3.30pm – 4.30pm	Mrs Ahern

Pupils in Year 3 will need to be collected from club

Years 4, 5 and 6 will need to complete the walking home questions when booking on Parentpay

Pupils attending football club will need to wear football boots and shin pads

**Clubs will be available to book on Parentpay the week commencing
09.02.26.**

Extra Curricular Clubs

Reception, Years 1 and 2

Second half term

After school clubs will be split into a half term for each class and will run on the following weeks

W/C 23.02.26 W/C 02.03.26 W/C 09.03.26 W/C 16.03.26

There are no clubs running on the W/C 23.03.26 (Last week of term)

Day	Club	Class	Time	Teacher
Monday	Fun & Fitness	RAD	3.15pm – 4.00pm	Mr Brewer & Mrs Drummond
Monday	Dance & Fitness	1SWC	3.15pm – 4.00pm	Miss Ellis/Miss Hall

Pupils can be collected from the main office doors for these clubs at 4.00pm

Please Note – Year 2 Club is lunchtime and not after school

Wednesday Lunchtime	Dance	2JB	12.45pm – 1.30pm	Mrs Cleaves
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**Clubs will be available to book on Parentpay the week commencing
09.02.26.**



PTA NEWSLETTER

UP COMING EVENTS

BREAK THE RULES DAY

March 27th

BREAK RULE 1
Bring a treat for break time (no nuts)

BREAK RULE 2
Bring a teddy or game to school

BREAK RULE 3
Squash in your water bottle

BREAK RULE 4
Come to school with WACKY hair

BREAK RULE 5
Wear your own clothes to school

50P FOR EVERY RULE YOU BREAK
Pay on parent pay or cash on the day



PTA NEWSLETTER

Latest News



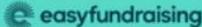
Welcome to Pentrepoeth Primary school pre-loved uniform shop

Weekly collections

Reservations/purchases to be made via this page or contact me directly
 Payments to be made via parent pay

Logo items £2 Non logo items £1.00

Donations can be made via class teachers or donations box outside reception

Turn your online shopping into everyday magic for

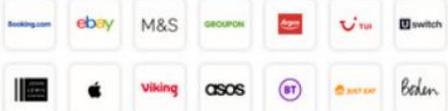
Pentrepoeth PTA

with easyfundraising

You shop, brands donate to us.
It won't cost you any extra!

How to sign up

- 1 Visit the link below or scan the QR code
www.easyfundraising.org.uk/support-a-good-cause
- 2 Search for us
- 3 Your favourite brands donate whenever you spend with them

Download the easyfundraising App

GET IT ON Google Play

Download on the App Store

Excellent  3,945 reviews on Trustpilot

Dates For Your Diary

Term Dates

2025-26

Autumn term

Starts: Monday 1 September 2025

Half term: Monday 27 October 2025 to Friday 31 October 2025

Ends: Friday 19 December 2025

Spring term

Starts: Monday 5 January 2026

Half term: Monday 16 February 2026 to Friday 20 February 2026

Ends: Friday 27 March 2026

Summer term

Starts: Monday 13 April 2026

Half term: Monday 25 May 2026 to Friday 29 May 2026

Ends: Monday 20 July 2026

INSET Days – School is closed for children:

- Monday 1st September 2025
- Monday 3rd November 2025
- Thursday 18th December 2025
- Friday 19th December 2025
- Friday 13th February 2026
- Monday 20th July 2026

2026-27

Autumn term

Starts: Tuesday 1 September 2026

Half term: Monday 26 October 2026 to Friday 30 October 2026

Ends: Friday 18 December 2026

Spring term

Starts: Monday 4 January 2027

Half term: Monday 8 February 2027 to Friday 12 February 2027

Ends: Friday 19 March 2027

Summer term

Starts: Monday 5 April 2027

Half term: Monday 31 May 2027 to Friday 4 June 2027

Ends: Tuesday 20 July 2027

Dates For Your Diary

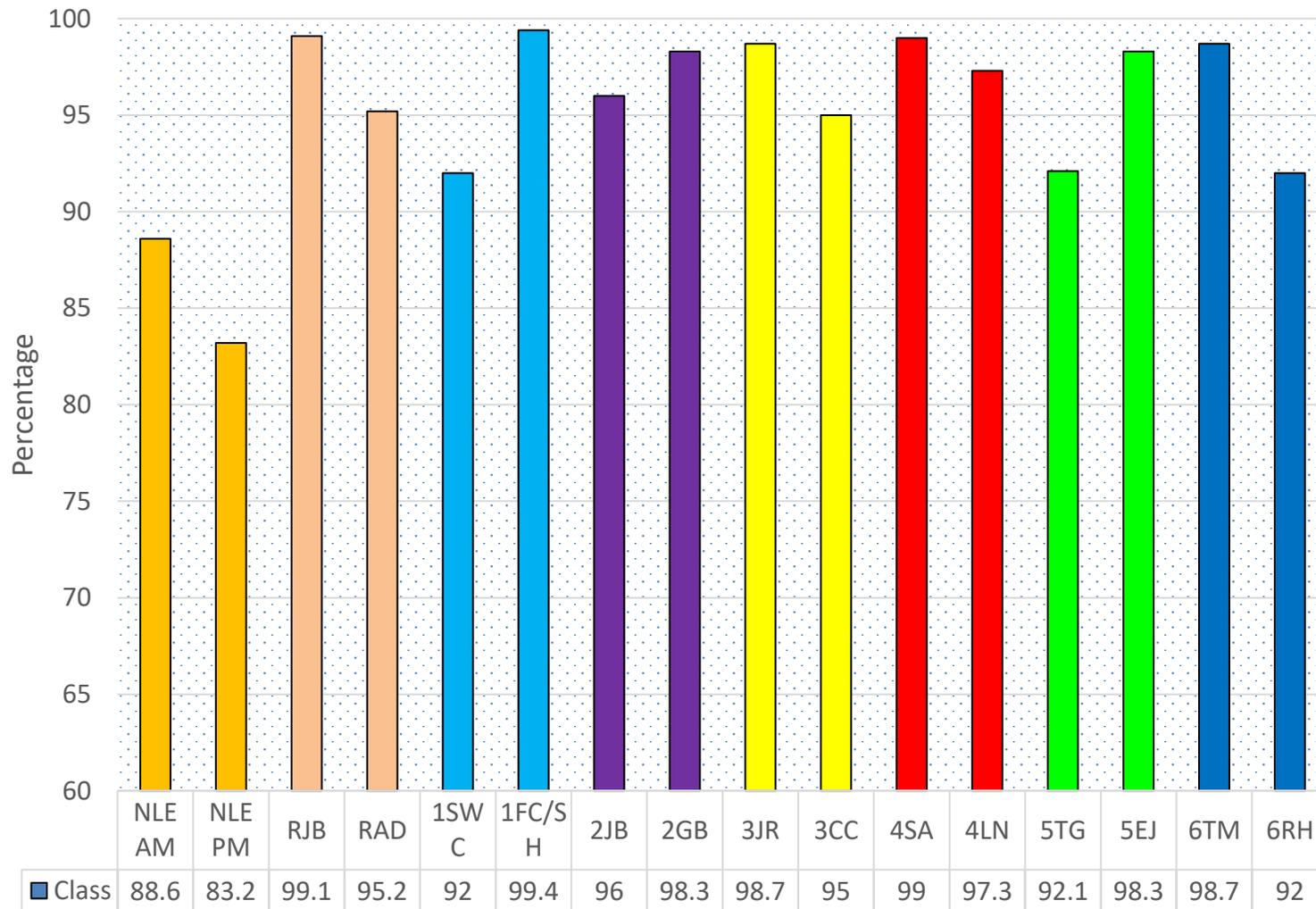
Term Dates

March		
Monday 2 nd March	10.30am – 12.30pm	Year 6 Swimming - (Session 6/7)
	9.00am – 12.00pm	Eisteddfod - Reception, Year 1 and 2
	1.30pm – 3.30pm	Eisteddfod – Years 3 to 6
Tuesday 3 rd March	10.30am – 12.30pm	Year 6 Swimming - (Session 7/7) Final Session
	3.30pm – 6.30pm	Parent Consultations – Night 1
Wednesday 4 th March	10.30am – 12.30pm	Year 5 Swimming - (Session 1/8)
	3.30pm – 6.30pm	Parent Consultations – Night 2
Thursday 5 th March	All Day	World Book Day
	10.30am – 12.30pm	Year 5 Swimming - (Session 2/8)
Friday 6 th March	10.30am – 12.30pm	Year 5 Swimming - (Session 3/8)
Monday 9 th March	10.30am – 12.30pm	Year 5 Swimming- (Session 4/8)
	All Day	Reception – School Nurses – Height, weight and vision tests
Tuesday 10 th March	10.30am – 12.30pm	Year 5 Swimming - (Session 5/8)
	All Day	Reception – School Nurses – Height, weight and vision tests
Wednesday 11 th March to Friday 13 th March	3 Days	Year 6 Residential – Llangrannog
Wednesday 11 th March	10.30am – 12.30pm	Year 5 Swimming - (Session 6/8)
Thursday 12 th March	10.30am – 12.30pm	Year 5 Swimming - (Session 7/8)
Friday 13 th March	10.30am – 12.30pm	Year 5 Swimming - (Session 8/8) Final Session
Thursday 19 th March	All Day	Year 2 Trip – Plantasia
Friday 20 th March	All Day	Red Nose Day 2026 – Wear something funny for money
Monday 23 rd March	All Day	Down Syndrome Awareness Day
Tuesday 24 th March	9.15am – 10.15am	Year 4 Values Assembly and PACT – Responsibility
	2.00pm – 2.30pm	iRock Concert for Parents
Wednesday 25 th March	All Day	Cerebral Palsy Awareness Day
Thursday 26 th March	9.00am – 1.00pm	Reception pupils – Hearing screening
Friday 27 th March	All Day	PTA – Break the Rules Day
	3.30pm	Last Day of Term
Monday 30 th March to Friday 10 th April	2 Weeks	Easter Holidays



Attendance

Last Term...



SCHOOL ATTENDANCE MATTERS

- 100%**
 - not missing any lessons during term time. Present for all lessons activities and social time.
- 95%**
 - missing in excess of two weeks of education. Absent from the classroom for up to three weeks and the loss of a significant amount of education.
- Under 92%**
 - missing more than 3 weeks of education. A serious loss of learning which is likely to have a detrimental effect on your child's achievement and life chances.

"Functional and regular school attendance is an essential requirement for successful learning from the time a child starts school".

Well done to Mrs Cleaves/Miss Hall's class last week with 99.4% attendance

Amazing effort!

