# Weekly Newsletter

May 22nd 2020

A Caring, Respectful and Open Environment, where Success and Opportunity flourish
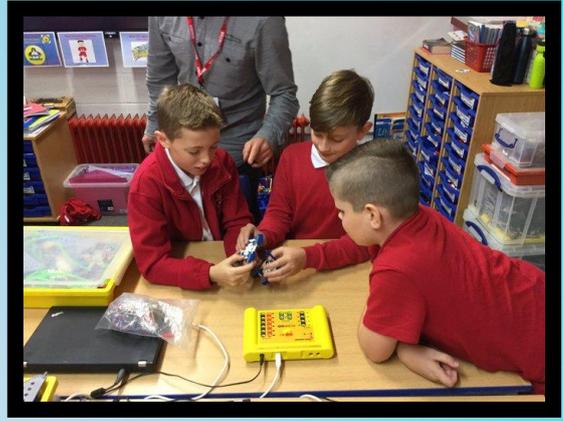
Please find our school newsletter for the week ending 22nd May 2020. Click on the links for more information.

Please visit our website
www.pentrepoethprimary.co.uk

Kind regards,
Cofion cynnes,

Dean Taylor

Weekly Newsletter

22nd May 2020

Cadw'n Ddiogel. ✓ Stay Safe.
Dal ati i Ddysgu. Stay Learning.

Dear Parent and Carer,
Annwyl Rhieni,

I can't quite believe that the end of the first half of the summer term is here. Please find below some updates and information. There will be no newsletter next week.

Calls Home

I know the teachers have really enjoyed chatting to you and your children this week. More calls are scheduled for after half term.
A reminder that if we can help with anything please e mail the school in the first instance and we will direct your e mail to the member of staff who will be in touch.

Year 6 parents will have received a text from me this morning signposting you to the digital transition arrangements that have been put in place. I have been very impressed with the way in which Bassaleg have worked in partnership with cluster primary schools and have produced high quality information and media for our pupils. If you have any queries please either e mail me at school or contact Bassaleg on the e mail address provided in the letters. If pupils have any questions, worries or concerns please contact Mrs Symes or Mr Cleaves in Google Classroom.
A reminder for pupils to contact Mrs Symes or Mr Cleaves in Google Classroom regarding the sizes for year 6 hoodies. My thanks to the PTA for organising and supporting this.

It is lovely to see the wide variety of activities that pupils are getting involved in at home. It is also lovely to see the many new skills pupils are learning and the activities they are getting involved in.

There will be **NO HOME LEARNING** tasks set by teachers next week as it is half term.

A reminder again, we are all working in different ways. There is absolutely no pressure at all from school with these activities. Do what you can when you can.

This week, our **Nursery, Reception and Year 1** pupils have completed a "Five Fun Favourites Week." Activities have centred around our pupils' favourite colours, toys, games, films and special people. They have even made dens to share their favourite stories and created amazing Pic collages to share their wonderful work. Mrs. Gage shared one of her favourite stories, "The Gruffalo" from her garden and Mrs S Jenkins and Mr Woodham continue to help our pupils with their Welsh. Mrs. Boulton has given an excellent cookery demonstration on how to make chocolate brownies. Mrs. Roe is helping us keep healthy with her fitness videos. Diolch pawb.

Our **Year 2** pupils have been using lots of powerful vocabulary, including adjectives and similes to re-tell the story of "Ping won't share." They have also created original, persuasive posters to help save the Giant Pandas from extinction. Year 2 Maths tasks have involved investigating daily temperatures and ordering them from lowest to highest.

Year 3 classes have been busy constructing robots, 30cm tall using junk materials as well as using Mathletics to reinforce their data handling skills. They have produced informative Power Point presentations about Sustainable Development as well as creating posters about Global Warming.

They have enjoyed reading "Y Parti Gwisg Ffanci" with the help of Mrs Jones.

Year 4 continue to reinforce their data handling skills by constructing their own bar charts and line graphs and building up their vocabulary by attempting Word of the Day activities. They have designed persuasive posters advertising "Dragons for sale" as well as having fun, creating their own Top Trump Cards based on their favourite dragons. They have also made detailed drawings of their very own fictional dragons.

Pupils in **Year 5** have been extending their descriptive writing skills based on "The Lighthouse" as well as enjoying their very popular maths quizzes on Google Classroom. They have been creating their own original artwork based on architectural designs and illustrations. Science challenges have involved a choice between a balloon car race, a spaghetti bridge and marble runs.

Our **Year 6** children have been writing their own newspaper reports based on the collapse of The Holbeck Hotel caused by coastal erosion. They are continuing to study the Victorians, researching the development of railways and leisure activities during this time. They have also been designing their own machines based on the work of the incredible artist Rube Goldberg and his inventions.

Nursery and Reception Admission September 2020

I have written to all prospective parents and carers and signposted people to our welcome pages which have video clips, information and copies of school prospectuses.

Please will you return the Pupil Information, medical and consent forms to school by email as requested. Thank you !

Home Learning Books

A reminder that if you need a new one to contact us by e mail so that we may arrange pick up.

Online Safety

I have chatted to a few parents this week about the use of various platforms. Further to the links on our website the WG published some useful posters this week which I have pasted into this newsletter, I hope you find them useful.

Coronavirus Leaflets

Newport Children's Services teams have produced two leaflets for children. One is appropriate for Primary children and the other for Young People 12+ age. They are available on the Health Matters of our website by clicking here.
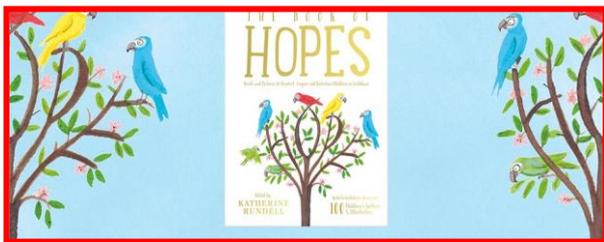
To read this lovely book click here.

Edited by Katherine Rundell, with contributions from more than 100 children's writers and illustrators
Completely free for all children and families, the extraordinary collection of short stories, poems, essays and pictures has contributions from more than 110 children's writers and illustrators, including Lauren Child, Anthony Horowitz, Greg James and Chris Smith, Michael Morpurgo, Liz Pichon, Axel Scheffler, Francesca Simon and Jacqueline Wilson.
The collection, published by Bloomsbury, is dedicated to the doctors, nurses, carers, porters, cleaners and everyone currently working in hospitals.
The Book of Hopes is currently available to read online only. Bloomsbury intends to publish a gift book based on the project in the autumn in support of NHS Charities Together. Please visit **@KidsBloomsbury** for further updates on this.

This week is Mental Health awareness week and the theme has been around Kindness. This was our value in April. The importance of wellbeing and mental health cannot be understated. There are lots of links on the wellbeing section of our website. Click here. I attach some posters that a colleague has produced.

A video clip about the impact of kindness is available by clicking here.

Five Ways to Wellbeing

The following steps have been researched and developed by the New Economics Foundation

1. Connect

Building and maintaining constructive relationships with people is an important part of wellbeing. Spending time around positive and supportive people means you are more likely to have a better self-image, be more confident and feel able to face difficult times. In return, if you are caring and supportive to other people, you are more likely to get a positive response from them.

2. Be active

Regular exercise can lift your mood and increase your energy levels. It doesn't have to be strenuous or sporty to be effective. Pick something you enjoy so you're more likely to stick with it.

3. Take notice

Take time during your day to savour the moment. Whether it's pausing for a tea break or talking to a friend, be aware of the world around you and reflect on what you're feeling. It will help you appreciate what's going on around you.

4. Keep learning

Setting challenges and learning new things can help improve your confidence and inject some fun into your day. Why not rediscover an old hobby, sign up to a course or take up an instrument? Learn a new skill to mix things up and engage with something exciting.

5. Give

Altruism is a wonderful way to look after your wellbeing. Individuals who report a greater interest in helping others are more likely to rate themselves as happy. Allow yourself time to recognise how your role gives something back to your community.

For more information about the Five Ways to Wellbeing, visit neweconomics.org

mind.org.uk/bluelightSAR

Funding administered by Cabinet Office   mind

Be the best you can be...

Be active

Go for a walk, run, cycle-dance, play a game. Exercising makes you feel good. Make a physical activity part of your daily routine.

Mental Health Awareness Week

Connect

Connect with people around you... family, friends, neighbours. Make sure you make these relationships strong.

Keep learning

Try something new ! Set yourself a challenge - you will feel confident and enjoy achieving + learning new things. You will enjoy... it will make you feel good.

Web of Wellness

FAMILY

Be mindful

Take notice of the beauty of around you .. notice the seasons... go outside. Take some time for yourself ... be aware of how you are feeling .. it will help you understand and appreciate what matters to you.

Be kind

Do something kind/ nice for a friend or family member. Thank someone ! Smile ! Volunteer your time. Giving will make you feel better about yourself. It creates connections with people around you.

Mental Health Awareness Week

Be the best you can be...

Sunlight can affect your mood

Research shows that getting outside, taking a walk and bringing more light into your home are all ways to keep your energy levels up and improve your wellbeing

"Keep your face to the sun and you will never see shadows" Helen Keller

---

RIGHTS RESPECTING SCHOOL · UNICEF ·

WE ARE A ... FAIRTRADE SCHOOL

Eco-Schools

ACTIVE MARC CYMRU

Welsh Network of Healthy School Schemes
Cynlluniau Ysgolion Iach · Rhwydwaith Cymru

RHS FIVE STAR GARDENING SCHOOL

Mental Health Awareness Week

Music is what feelings sound like

Be the best you can be.

sound like

Listening to music can make you feel emotions like happiness, excitement and joy, it can also make you feel melancholy. Upbeat music will brighten your mood. Making music is also good for your mood, both singing and playing an instrument are fab ways to lift your spirits and reduce stress.

"Where words fail, music speaks" Hans Christian Anderson.

Be the best you can be.   Mental Health Awareness Week.

Green Therapy

Getting outside and into a garden or growing plants indoors is great for your health. Gardening can help reduce stress, depression and anxiety as well as increase your own self satisfaction, self esteem and confidence. Water, feed, look after them if you don't have a garden space try growing herbs in a sunny indoor spot.

"Earth Laughs in flowers" Ralph Emerson.

RIGHTS RESPECTING SCHOOL · UNICEF ·

WE ARE A ... FAIRTRADE SCHOOL

Eco-Schools

ACTIVE MARC CYMRU

Welsh Network of Healthy School Schemes
Cynlluniau Ysgolion Iach · Rhwydwaith Cymru

RHS FIVE STAR GARDENING SCHOOL
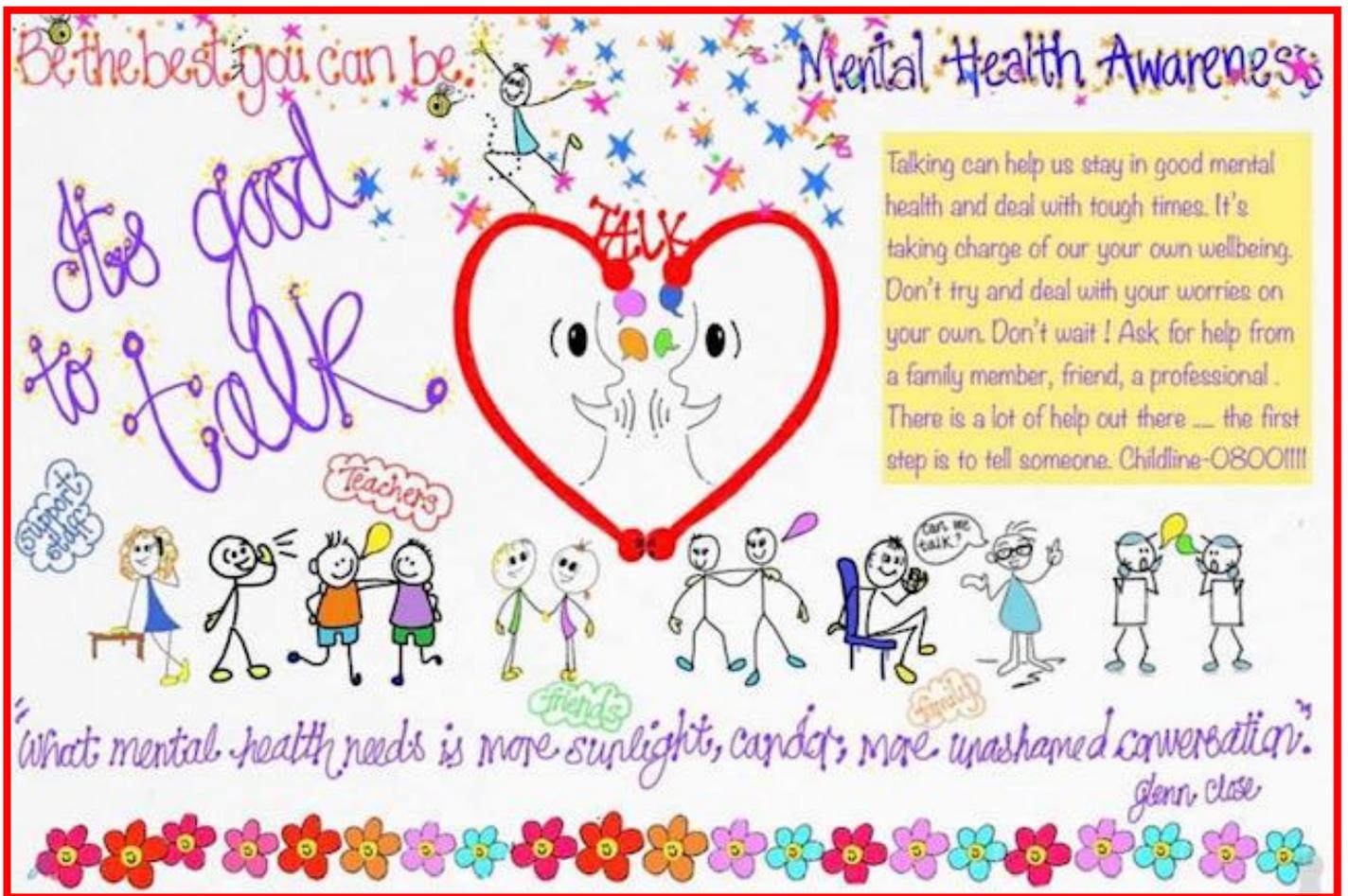
**We hope you like the new website!!!**

Facebook is a social network. Users can connect with other users, like, share and interact with published content. Users are able to share almost any type of content.

69%[*] of 12-15 year olds use Facebook.

Users can see information and news from friends and brands, or organisations and re-share or like. Users can comment on, or like, posts. Likes can be important to some users. Others may enjoy playing games on Facebook.
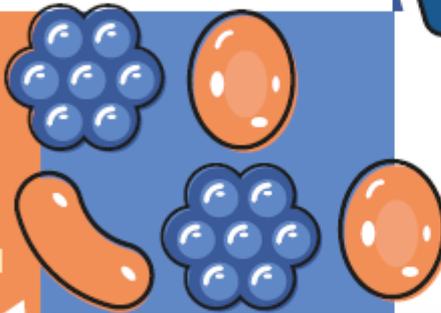
Users can connect directly through the Messenger app for private messaging. A wide range of content can be shared in messenger and on Facebook including live video. Users can control who can see shared content.

13+

How old you have to be to use it.

My Name
@#?!   ?!£#@!

My Name
£%&?@ +&*%? @#
£%&?@ ❤❤

Facebook
f

What parents and carers need to know

Facebook is a public platform, content can be set to 'only me', 'friends', 'friends of friends' and 'public'. Users should consider their online reputation when sharing content. Facebook processes large amounts of information about their users.

Useful tips
- Regularly review settings.
- Know how to manage your friends, apps and games.
- Make sure you know how to block content and report users, particularly if you're posting content publicly.

Seen something harmful?
Get help from
ReportHarmfulContent.com
For more on keeping safe online
hwb.gov.wales

WG40631

Access Facebook help at
facebook.com/help
Find out more in these checklists
tiny.cc/Checklists

SWGfL
Safe, Secure, Online

Hwb°

*Source Ofcom: Children and Parents Media Use and Attitudes survey 2020.

Instagram is a photo, video and message sharing app. Users can add filters to their images and create stories – a string of images over 24 hours which they can then share.

66% *
of 12-15 year olds in the UK use Instagram.

Users can:

- share images or video with other users, or the whole community
- ask a question of another user
- use Instagram direct to share with a small group
- post to Instagram story.

Users enjoy exploring creativity and connecting with friends, celebrities, companies and influencers. Some users place importance or value on getting more likes and more followers.

13+

How old you have to be to use it.

Instagram

What parents and carers need to know

Useful tips

- Screenshot images that upset or offend.
- Learn how to report content.
- Learn how to block someone.
- Learn how to share with select followers.

Instagram automatically sets new accounts to public. Instagram has been linked to issues around idealistic images. Creating a private account means the user can control who can see their posts.

Seen something harmful?
Get help from ReportHarmfulContent.com

!

For more on keeping safe online
hwb.gov.wales

WG40631

Access Instagram support at help.instagram.com

Find out more in these checklists tiny.cc/Checklists

SWGfL Safe, Secure, Online   Hwb

RIGHTS RESPECTING SCHOOL · UNICEF

WE ARE A ... FAIRTRADE SCHOOL

Eco-Schools

ACTIVE MARC CYMRU

Welsh Network of Healthy School Schemes
Cynlluniau Ysgolion Iach - Rhwydwaith Cymru

RHS FIVE STAR GARDENING SCHOOL

Twitter is a micro blogging service.
Users can send messages no longer than 280 characters. Users express themselves, share stories, pictures and articles.

17%* 12-15 year olds get their news from Twitter.

13+

How you have to be to use it.

Users can find out about a wide range of information and stay up to date with the latest news, broadening an understanding of events across the world. It's easy to connect with your favourite band, musicians or celebrities, brand or make a new connection.

Users can post messages, images, videos and other online content. Users can follow other users, like and retweet other content and can follow conversations using hashtags.

300m+ users

REAL FAKE

Twitter

What parents and carers need to know

This is a very public platform, however users can create private accounts. Tweets can be seen by thousands in seconds. Personal information and images can be harvested. By making public comments, some users may attract unwelcome or negative attention.

Useful tips

- Learn how to block and report content and other users.
- Understand the importance of the blue tick which means the account is verified.
- Use critical thinking, not everything will be accurate and true.

Seen something harmful?
Get help from ReportHarmfulContent.com

!

For more on keeping safe online
hwb.gov.wales

WG40631

Access Twitter support at about.twitter.com/en_gb/safety.html

Find out more in these checklists tiny.cc/Checklists
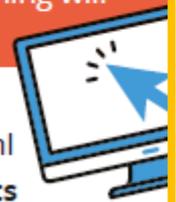
*Source Ofcom: Children and Parents Media Use and Attitudes survey 2020.

Snapchat is a messaging app.
Users can take photos, record videos, add text or drawings and send them to friends. These Snaps will disappear after viewing, or within 24 hours (for a Story).

68%[*]
of UK 13-15 year olds use Snapchat.

As with any social platform, sometimes Snapchat users can act in ways which may lead to others feeling offended, abused or left out. Users can always report abuse on Snapchat, can block offending users, or leave any group chat where they feel uncomfortable.

Share Snaps (images) or chat with friends. Explore news and entertainment from established publishers. Make video and voice calls. See where your friends are on the Snap Map.

13+

13-17 year olds should have permission from a parent or legal guardian.

Snapchat

What parents and carers need to know

Useful tips

- Check privacy settings to choose who can see your Snaps, your Stories or your location.
- Report safety concerns.

- Block users who make you uncomfortable.
- Only friend or accept friend requests from people you know in real life.

Users can capture photos or videos of the world around them and send them to friends, adding filters, lenses and stickers to these for fun and creative visual effects. Users can always choose who they are sharing Snaps or Stories with.

Seen something harmful?
Get help from ReportHarmfulContent.com

!

For more on keeping safe online
hwb.gov.wales

WG40631

Access Snapchat's Safety Centre at
snap.com/en-GB/safety/safety-center
Find out more in these checklists
tiny.cc/Checklists

SWGfL
Safe, Secure, Online

Hwb*

Misinformation is 'wrong information which is given to someone, often in a deliberate attempt to make them believe something which is not true.' *(Collins English Dictionary)*

"5G is causing Coronavirus"

Just one example of misinformation.

Misinformation has been rising over recent years and is often spread through social media platforms. Deliberate misinformation (disinformation) may also be called propaganda. It's often combined into the term 'Fake News'.

Social media gives us all a voice. Some users promote extreme views which may only give one side of the argument. We all need to find out about both sides before making up our mind.

Users often re-share information believing it to be true. But motives for sharing can be complex.

NEWS FAKE

Misinformation

What parents and carers need to know
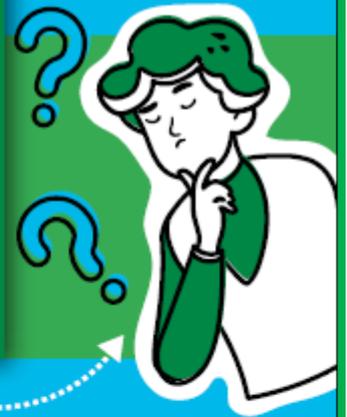
92% of children in Wales have completed the MMR vaccine. This has contributed to UK losing it's 'Measles-free' status from the World Health Organisation and a rise in Measles cases. *(NHS digital/Public Health Wales)*

What you can do
- Check multiple sources.
- Use Full fact or Snopes to fact check.
- View content critically and question accuracy.
- Check an offline source.
- Report misinformation to the platform/app.
- Get a second opinion.

Seen something harmful?
Get help from ReportHarmfulContent.com
For more on keeping safe online
hwb.gov.wales

WG40631

Find out more in this playlist at tiny.cc/Misinformation

SWGfL Safe, Secure, Online

Hwb

Roblox is an online multiplayer game creation platform. You can play online or create your own games and virtual worlds. Games include racing, role-playing, simulations and obstacle courses.

100m players in 2019.*

13-17 year olds spent 32.5 million hours gaming.

There are a wide-range of gaming environments users can play in, interacting with other friends and players in each of the games. The ever-changing games and large number of users make it really attractive to young people.
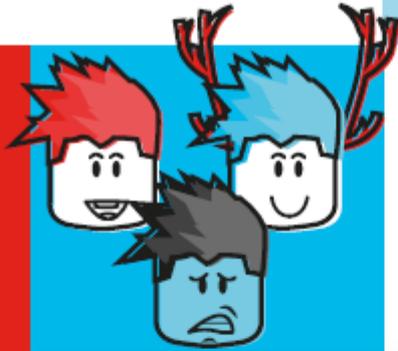
Users can:
- create your own avatar and play in user-created games
- purchase Robux to spend on equipment and outfits in the game
- create your own games for others to play.

13+

without adult permission.

with adult permission and account restrictions.

under **13**

ROBLOX

What parents and carers need to know
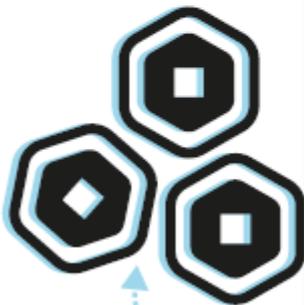
Games are user-generated and may contain a range of content. Users can interact with each other using text-based chat. Robux have a real-world value, some third party sites may trick users into sharing information for 'free' or 'cheap' Robux.

Useful tips
- Learn how to report chat/game/abuse.
- Learn how to block a user.
- Create a PIN to lock your settings.
- Understand chat and interaction settings.
- Look at the parental controls available.

Seen something harmful?
Get help from
ReportHarmfulContent.com

!

For more on keeping safe online
hwb.gov.wales

WG40631

Access Roblox's parents guide at
corp.roblox.com/parents/
Find out more in these checklists
tiny.cc/Checklists

SWGfL Safe, Secure, Online

Hwb®

*Roblox Blog, https://blog.roblox.com/2019/08/roblox-hits-100-million-monthly-users-worldwide/

Coronavirus

Click on the links below to find out useful information:

Public Health Wales	https://phw.nhs.wales/
Welsh Government	https://gov.wales/coronavirus
Guidance on Social Distancing	https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults
Application for Childcare Provision in School Hub	http://www.newport.gov.uk/en/Schools-Education/Childcare-for-prioritised-key-workers.aspx
Aneurin Bevan Health Board	https://twitter.com/AneurinBevanUHB https://www.facebook.com/AneurinBevanHealthBoard

Some useful links to explain things to children…

Coronavirus	https://www.pentrepoethprimary.co.uk/health-matters
Social Distancing	https://www.youtube.com/watch?v=DA_SsZFYw0w
Hand Washing	https://www.bbc.co.uk/newsround/51698180
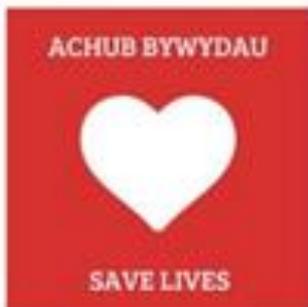
Website – www.pentrepoethprimary.co.uk
Twitter – @PentrepoethPrim
Other Twitter Pages …

Click on the links in blue!

follow us on twitter

Class	Twitter	Area	Twitter
Nursery – Mrs Williams	@PPSMrsWilliams	Whole School	@PentrepoethPrim
Reception – Mrs Starke	@PPSMrsStarke	Expressive Arts	@PPSExpressiveArts
Reception – Miss Ellis	@PPSMissEllis	Health and Wellbeing	@PPSHealth_Well
Year 1 – Mrs Batrouni	@PPSMrsBatrouni	Humanities	@PPSHumanites
Year 1- Mrs Drummond	@PPSMrsDrummond	Languages, Literacy and Communication	@PPSLangandLit
Year 2- Mrs Beard	@PPSMrsBeard2jb	Mathematics and Numeracy	@PPSMathsandNum
Year 2 – Mr Nocivelli	@PPSMrNocivelli	Science and Technology	@PPSSciandTech
Year 3 – Mrs Baxter	@PPSMrsBaxter		
Year 3 – Mrs Davies	@PPSMrsDavies		
Year 4 – Mrs Gooding	@PPSMrsGooding		
Year 4 – Mrs Jones	@PPSMrsJones		
Year 5 – Mr Merriman	@PPSMrMerriman		
Year 5 – Mr Willmore	@PPSMrWillmore		
Year 6 – Mr Cleaves	@PPSMrCleaves		
Year 6 – Mrs Symes	@PPSMrsSymes		

A reminder that our Value for May is POSITIVITY. Have a lovely half term break!

Yours sincerely,
Cofion cynnes,

Dean Taylor
Headteacher